



# NEWS RELEASE

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FOR RELEASE: August 18, 2022

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## **Western Tech track coach named Maryland's 2022 Girls High School Coach of the Year**

TOWSON, MD. – Mark Reedy, who serves as Western School of Technology's assistant track coach in winter and head track coach in the spring, has been named the 2022 Girls High School Coach of the Year for Maryland by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA).

In a letter to Reedy, Sam Seemes, CEO of USTFCCCA, wrote, "This honor is based upon your leadership and the success of the Western School of Technology team throughout the 2022 season. It also reflects your hard work and the dedication of the student athletes, the coaching staff, and the administration of the school."

"Coach Reedy's passion for coaching motivates students to work hard and be scholar-athletes," said Western Tech Principal Jewell M. Ralph. "He is great with our students and fosters positive relationships, helping them to achieve goals that may seem unattainable. We are so proud of his well-deserved award."

The USTFCCCA High School Award Program is sponsored by the United States Marine Corps. The best high school girls and boys coaches are recognized from all 50 states and the District of Columbia. A committee selects the state award winners based on overall team performance and other specific metrics, such as team score at state championship meets, championship margins of victory, individual championship wins and performances in relation to rankings and team history. From the 102 state honorees, two national award winners are chosen.

Reedy began coaching track in 1995, and he has been named a Coach of the Year by "The Baltimore Sun" and "The Washington Post." In 2010, he paused coaching due to work responsibilities. He returned

to coaching in 2022. Working alongside coach Clarissa Higgins, he contributed to Western Tech winning the state championship in Class 1A Girls Track & Field.

Reedy, who attended the Community College of Baltimore County and joined the Marine Corps in 1977, lives in Columbia with his wife, Laura. He has two children and three grandchildren.

*(Editor's note: A photo of Reedy accompanies this release.)*

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